

Utah

Beaver County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 75 1175 N, Beaver, UT 84713
- Website: <https://www.sbhc.us/services/crisis-support>
- Other resources:

Box Elder County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 663 West 950 South, Brigham City, UT 84302
440 West 600 North, Tremonton, UT 84337
- Website: <https://www.boxeldercounty.org/attorney/page/mental-health-resources>
- Other resources:

Cache County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- SafeUT Crisis Line: 833-372-3388
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 90 East 200 North, Logan, UT 84321

- Website: <https://www.cachecounty.gov/ignitethelight/mentalhealthresources.html>
- Other resources:

Carbon County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Safe UT Hotline: 1-833-372-3388
- Crisis hotline: 435-637-0893
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 690 E Main St, Price, UT 84501
575 E 100 S, Price, UT 84501
- Website: <https://seuhealth.com/resources/>
- Other resources:

Daggett County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (435) 828-8241 or (435) 823-6823
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 1140 W. 500 S., Vernal, Utah 84078
- Website: <https://myovert.com/crisis/>
- Other resources:

Davis County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (801) 773-7060
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860

- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 2250 North 1700 West Building B
Layton, UT 84041
- Website: <https://myovert.com/crisis/>
- Other resources:

Duchesne County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (435) 828-8241 or (435) 823-6823
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 285 W. 800 S., Roosevelt, Utah 84066
- Website: <https://myovert.com/crisis/>
- Other resources:

Emery County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Safe UT Hotline: 1-833-372-3388
- Crisis hotline: 435-381-2404
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 45 E 100 S, Castle Dale, UT 84513
- Website: <https://seuhealth.com/resources/>
- Other resources:

Garfield County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 601 E. Center Street, Panguitch, UT 84759
- Website: <https://www.sbhc.us/services/crisis-support>
- Other resources:

Grand County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Safe UT Hotline: 1-833-372-3388
- Crisis hotline: 435-259-8115
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 198 E Center St, Moab, UT 84532
- Website: <https://seuhealth.com/resources/>
- Other resources:

Iron County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 245 E. 680 S., Cedar City, UT 84720
- Website: <https://www.sbhc.us/services/crisis-support>
- Other resources:

Juab County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (877) 469-2822
- Crisis textline: Text HOME to 741741

- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 944 N. Main St, Nephi, UT 84648
- Website: <https://myovert.com/crisis/>
- Other resources:

Kane County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 445 N. Main Street, Kanab, UT 84741
- Website: <https://www.sbhc.us/services/crisis-support>
- Other resources:

Millard County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (877) 469-2822
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 51 N Center St, Delta, UT 84624
90 N Main St, Fillmore, UT 84631
- Website: <https://myovert.com/crisis/>
- Other resources:

Morgan County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000

- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health center: 237 26th St, Ogden, UT 84401
166 N State St, Morgan, UT 84050
- Website: <https://myovert.com/crisis/>
- Other resources:

Piute County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (877) 469-2822
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 550 N Main St, Junction, UT 84740
- Website: <https://myovert.com/crisis/>
- Other resources:

Rich County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 115 S. Bear Lake Blvd, Garden City, UT 84028
- Website: <https://myovert.com/crisis/>
- Other resources:

Salt Lake County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454

- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 2948 S Redwood Road West Valley City, UT 84119
1020 South Main Street, Suite 200
Salt Lake City, UT 84101
- Website: <https://myovert.com/crisis/>
- Other resources:

San Juan County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 735 S 200 W #1, Blanding, UT 84511
- Website: <https://myovert.com/crisis/>
- Other resources:

Sanpete County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (877) 469-2822
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 390 W 100 N, Ephraim, UT 84627
34 E 100 N St, Gunnison, UT 84634
- Website: <https://myovert.com/crisis/>
- Other resources:

Sevier County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (877) 469-2822
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 255 S Main St, Richfield, UT 84701
- Website: <https://myovert.com/crisis/>
- Other resources:

Summit County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: 833-995-1295
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 1820 Sidewinder Dr, Park City, UT 84060
- Website: <https://myovert.com/crisis/>
- Other resources:

Tooele County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 100 S 1000 W, Tooele, UT 84074
- Website: <https://myovert.com/crisis/>
- Other resources:

Uintah County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (435) 828-8241 or (435) 823-6823
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 1140 W. 500 S., Vernal, Utah 84078
- Website: <https://myovert.com/crisis/>
- Other resources:

Utah County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- 24/7 crisis center: 1175 E. 300 N., Provo, UT 84606
- Website: <https://myovert.com/crisis/>
<https://www.wasatch.org/crisis-services-at-wbh/>
- Other resources:

Wasatch County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- 24/7 crisis center: 1175 E. 300 N., Provo, UT 84606
- Website: <https://myovert.com/crisis/>
<https://www.wasatch.org/crisis-services-at-wbh/>
-

- Other resources:

Washington County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 474 W 200 N, St. George, UT 84770
- Website: <https://www.sbhc.us/services/crisis-support>
- Other resources:

Wayne County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis hotline: (877) 469-2822
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 56 S Main St, Loa, UT 84747
- <https://myovert.com/crisis/>
- Other resources:

Weber County, UT

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- UNI CrisisLine: 801-587-3000
- Crisis textline: Text HOME to 741741
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health center: 237 26th St, Ogden, UT 84401
- <https://myovert.com/crisis/>

- Other resources: