

## **Oregon**

### **Baker County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-519-7126
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://newdirectionsnw.org/mental-health-services/>
- Website: <https://newdirectionsnw.org/crisis-intervention-services/>
- Other resources:

### **Benton County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 888-232-7192
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://health.bentoncountyor.gov/adult-outpatient-mental-health/>
- Website: <https://health.bentoncountyor.gov/crisis-services/>
- Other resources:

### **Clackamas County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 503-655-8585
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.clackamas.us/behavioralhealth>
- Website: <https://www.clackamas.us/behavioralhealth/urgentmentalhealth>

- Other resources:

### **Clatsop County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 503-325-5724
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.clatsopbh.org/mental-health-services/>
- Website: <https://www.clatsopbh.org/crisis-services/>
- Other resources:

### **Columbia County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: (503) 782-4499
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.ccmh1.com/services/mental-health/>
- Website: <https://www.ccmh1.com/services/crisis-intervention/>
- Other resources:

### **Coos County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-266-6800 or 888-543-5763
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://cooshealthandwellness.org/behavioral-health/adult-services/> or <https://adaptoregon.org/contact/>
- Website: <https://cooshealthandwellness.org/behavioral-health/crisis-services/>

- Other resources:

### **Crook County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 800-273-8255
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.bestcaretreatment.org/mental-health/>
- Website: <https://co.crook.or.us/health/page/mental-health>
- Other resources:

### **Curry County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 877-519-9322
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://adaptoregon.org/contact/>
- Website: <https://adaptoregon.org/mental-health/crisis-services/>
- Other resources:

### **Deschutes County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-322-7500 or 800-875-7364
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Crisis Stabilization Center (24/7): 63311 NE Jamison Street, Bend, OR 97703
- Local mental health services: <https://www.deschutes.org/health/page/how-access-services>

- Website: <https://www.deschutes.org/health/page/crisis-services>
- Other resources:

### **Douglas County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: (800) 866-9780
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://adaptoregon.org/contact/>
- Website: <https://adaptoregon.org/mental-health/crisis-services/>
- Other resources:

### **Gilliam County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://ccswebsite.org/locations/>
- Website: <https://ccswebsite.org/>
- Other resources:

### **Grant County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://ccswebsite.org/locations/>
- Website: <https://ccswebsite.org/>

- Other resources:

### **Harney County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-573-8376
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.symmetrycareinc.com/services/>
- Website: <https://www.symmetrycareinc.com/services/crisis-services/>
- Other resources:

### **Hood River County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 888-877-9147 or 541-296-5452 (The Dalles) or 541-386-2620 (Hood River)
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.mccfl.org/services/mental-health/>
- Website: <https://www.mccfl.org/services/mental-health/crisis/>
- Other resources:

### **Jackson County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-774-8201
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860

- Local mental health services: [https://jacksoncountyor.gov/departments/health\\_human\\_services/programs\\_and\\_services/mental\\_health/index.php](https://jacksoncountyor.gov/departments/health_human_services/programs_and_services/mental_health/index.php) or <https://www.optionsonline.org/therapy>
- Website: [https://jacksoncountyor.gov/departments/health\\_human\\_services/programs\\_and\\_services/mental\\_health/crisis\\_services.php](https://jacksoncountyor.gov/departments/health_human_services/programs_and_services/mental_health/crisis_services.php)
- Other resources:

### **Jefferson County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-475-6575
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.bestcaretreatment.org/locations/>
- Website: <https://www.bestcaretreatment.org/mental-health/cmhp-services/>
- Other resources:

### **Josephine County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: (541) 474-5360
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://adaptoregon.org/contact/> or <https://www.optionsonline.org/therapy>
- Website: <https://adaptoregon.org/mental-health/crisis-services/>
- Other resources:

### **Klamath County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-883-1030
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.kbbh.org/programs-and-services/>
- Website: <https://www.kbbh.org/get-help-now/>
- Other resources:

## Lake County, OR

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-947-6021
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services:  
[https://cms3.revize.com/revize/lakecounty/government/mental\\_health\\_services.php](https://cms3.revize.com/revize/lakecounty/government/mental_health_services.php)
- Website:  
[https://cms3.revize.com/revize/lakecounty/government/crisis\\_intervention\\_services.php](https://cms3.revize.com/revize/lakecounty/government/crisis_intervention_services.php)
- Other resources:

## Lane County, OR

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: (541) 682-1001
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services:  
[https://www.lanecounty.org/government/county\\_departments/health\\_and\\_human\\_services/behavioral\\_health](https://www.lanecounty.org/government/county_departments/health_and_human_services/behavioral_health)
- Website:  
<https://www.lanecounty.org/cms/One.aspx?portalId=3585881&pageId=4253854>
- Other resources:

## Lincoln County, OR

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 866-266-0288
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.co.lincoln.or.us/636/Behavioral-Health>
- Website: <https://www.co.lincoln.or.us/636/Behavioral-Health>
- Other resources:

### **Linn County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-967-3866 (press 1) or 800-304-7468
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.linncountyhealth.org/mental-health>
- Website: <https://www.linncountyhealth.org/mental-health/page/crisis-services>
- Other resources:

### **Malheur County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-823-9050
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.lifeways.org/services/>
- Website: <https://www.lifeways.org/intensive-services/24-hour-mobile-crisis/>
- Other resources:

### **Marion County, OR**



- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: (503) 585-4949
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Psychiatric Crisis Center (24/7): 1118 Oak St. SE, Salem, OR 97301
- Local mental health services:  
<https://www.co.marion.or.us/HLT/MH/Pages/adultmentalhealth.aspx>
- Website: <https://www.co.marion.or.us/HLT/MH/pcc/Pages/default.aspx>
- Other resources:

### **Morrow County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://ccswebsite.org/locations/>
- Website: <https://ccswebsite.org/>
- Other resources:

### **Multnomah County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 503-988-4888 or Toll-free 800-716-9769
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.multco.us/behavioral-health>
- Website: <https://www.multco.us/behavioral-health/mental-health-crisis-intervention>
- Other resources:

## **Polk County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 503-623-9289 (days), 503-581-5535 or 800-560-5535 (after hours)
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.co.polk.or.us/bh/outpatient-behavioral-health-services>
- Website: <https://www.co.polk.or.us/bh/crisis>
- Other resources:

## **Sherman County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 888-877-9147 or 541-296-5452
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.mccfl.org/services/mental-health/adult-mental-health/>
- Website: <https://www.mccfl.org/services/mental-health/crisis/>
- Other resources:

## **Tillamook County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 503-842-8201 or 800-962-2851
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://tfcc.org/adult/>
- Website: <https://tfcc.org/crisis/>
- Other resources:

## Umatilla County, OR

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 866-343-4473
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://ccswebsite.org/locations/>
- Website: <https://ccswebsite.org/>
- Other resources:

## Union County, OR

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-962-8800 and press option 6
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.chdinc.org/services>
- Website: <https://www.chdinc.org/24-7-crisis-services>
- Other resources:

## Wallowa County, OR

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-398-1175
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.wvcenterforwellness.org/services-overview>
- Website: <https://www.wvcenterforwellness.org/crisis-support>
- Other resources:

## **Wasco County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 541-296-6307 or 888-877-9147
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.mccfl.org/locations/>
- Website: <https://www.mccfl.org/services/mental-health/crisis/>
- Other resources:

## **Washington County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 503-291-9111
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.washingtoncountyor.gov/behavioral-health>
- Website: <https://www.washingtoncountyor.gov/behavioral-health/crisis-services>
- Other resources:

## **Wheeler County, OR**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://ccswebsite.org/locations/>
- Website: <https://ccswebsite.org/>
- Other resources:

## Yamhill County, OR

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: Text OREGON to 741741
- Crisis hotline: 844-842-8200
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.yamhillcounty.gov/1074/Mental-Health-Treatment>
- Website: <https://www.yamhillcounty.gov/1088/Crisis-Services>
- Other resources: