

## **Nebraska**

### **Adams County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (South Central Behavioral Services): 402-463-5684
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 616 W 5th Street, Hastings, NE 68902-0050
- Website: <https://scbsne.com/rehabilitation-services-for-adults-with-behavioral-health-needs/emergency-community-support/>
- Other resources: NAMI Nebraska

### **Antelope County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928 or (888) 370-7003
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701  
221 W Douglas St, O'Neill, NE 68763
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Arthur County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 401 W 1st St, Ogallala, NE 69153

- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Banner County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text “REG” to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 1): 3350 10th St, Gering, NE 69341  
414 W 2nd St, Kimball, NE 69145
- Website: <https://mentalhealth.networkofcare.org/region1-ne/EmergencyServices>
- Other resources: NAMI Nebraska

### **Blaine County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://www.midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Boone County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (866) 758-4749
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860

- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 723 W Fairview St, Albion, NE 68620
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Box Butte County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text “REG” to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 1):  
 2101 Box Butte Ave Alliance, NE 69301 (Box Butte General Hospital)  
 419 W 25th St, Alliance, NE 69301  
 815 Flack Ave, Alliance, NE 69301
- Website: <https://mentalhealth.networkofcare.org/region1-ne/EmergencyServices>
- Other resources: NAMI Nebraska

### **Boyd County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 4): 221 W Douglas St, O'Neill, NE 68763
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Brown County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988

- Crisis hotline: (402) 336-9928 or (877) 488-9928
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 4): 913 E Zero St, Ainsworth, NE 69210
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Buffalo County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Richard Young Behavioral Health Access Center): 1-800-930-0031
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 3810 Central Avenue, Kearney, NE 68848-1715
- Website: <https://bcchp.org/resources/>
- Other resources: NAMI Nebraska

### **Burt County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 494-7655 or (877) 958-7776
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local walk-in clinic (region 4): 1201 Arbor Dr, South Sioux City, NE 68776
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **Butler County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988

- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 367 E St, David City, NE 68632
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Cass County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 6): 122 S 6th St, Plattsmouth, NE 68048
- Website: <https://www.schd.ne.gov/programs-services/community-resource-guide.html>
- Other resources: NAMI Nebraska

### **Cedar County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928 or (888) 370-7003
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Chase County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645

- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 401 W 1st St, Ogallala, NE 69153
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Cherry County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 4): 913 E Zero St, Ainsworth, NE 69210
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Cheyenne County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 1): 731 Illinois St, Sidney, NE 69162
- Website: <https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Clay County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs

- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (South Central Behavioral Services): 402-463-5684
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 616 W 5th Street, Hastings, NE 68902-0050
- Website: <https://scbsne.com/rehabilitation-services-for-adults-with-behavioral-health-needs/emergency-community-support/>
- Other resources: NAMI Nebraska

### **Colfax County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (866) 758-4749
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 4321 41st Avenue, Columbus, NE 68601
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Cuming County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (888) 370-7003
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701
- Website: <https://www.norfolkbehavioralhealth.org/resources-1>
- Other resources: NAMI Nebraska

### **Custer County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs

- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Dakota County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 494-7655 or (877) 958-7776
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local walk-in clinic (region 4): 1201 Arbor Dr, South Sioux City, NE 68776
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **Dawes County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 1):
  - 2101 Box Butte Ave Alliance, NE 69301 (Box Butte General Hospital)
  - 419 W 25th St, Alliance, NE 69301
  - 815 Flack Ave, Alliance, NE 69301



- Website:  
<https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Dawson County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 307 E. Fifth St, Lexington, NE 68850
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Deuel County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 1): 731 Illinois St, Sidney, NE 69162
- Website:  
<https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Dixon County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 494-7655 or (877) 958-7776
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local walk-in clinic (region 4): 1201 Arbor Dr, South Sioux City, NE 68776
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **Dodge County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 6):  
1420 E Military Ave Suite 100, Fremont, NE 68025
- Website: <https://www.regionsix.com/services/crisis-services/>
- Other resources: NAMI Nebraska

### **Douglas County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 6): 4102 Woolworth Ave, Omaha, NE 68105
- Website: <https://www.regionsix.com/services/crisis-services/>
- Other resources: NAMI Nebraska

### **Dundy County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255

- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 1012 W. Third St, McCook, NE 69001
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Fillmore County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 521 E St, Fairbury, NE 68352  
722 S Lincoln Ave, York, NE 68467
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Franklin County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (South Central Behavioral Services): 402-463-5684
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local emergency facility: 1406 Q ST, Franklin, NE 68939
- Website: <https://region3.net/crisis-services/>
- Other resources: NAMI Nebraska

### **Frontier County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255

- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 1012 W. Third St, McCook, NE 69001  
307 E. Fifth St, Lexington, NE 68850
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Furnas County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Richard Young Behavioral Health Access Center): 1-800-930-0031
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local emergency facility: 1301 E H St, McCook, NE 69001
- Website: <https://region3.net/crisis-services/>
- Other resources: NAMI Nebraska

### **Gage County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 1123 N 9th St, Beatrice, NE 68310
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Garden County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 1):
  - 2101 Box Butte Ave Alliance, NE 69301 (Box Butte General Hospital)
  - 419 W 25th St, Alliance, NE 69301
  - 815 Flack Ave, Alliance, NE 69301
- Website:
  - <https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Garfield County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Gosper County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 1012 W. Third St, McCook, NE 69001  
307 E. Fifth St, Lexington, NE 68850
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Grant County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 401 W 1st St, Ogallala, NE 69153
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Greeley County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Hall County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Hamilton County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Harlan County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Richard Young Behavioral Health Access Center): 1-800-930-0031
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local emergency facility: 717 Brown St, Alma, NE 68920
- Website: <https://region3.net/crisis-services/>
- Other resources: NAMI Nebraska

### **Hayes County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 1012 W. Third St, McCook, NE 69001
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Hitchcock County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 1012 W. Third St, McCook, NE 69001
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Holt County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 4): 221 W Douglas St, O'Neill, NE 68763
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **Hooker County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 110 N Bailey Ave, North Platte, NE 69101
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Howard County, NE**



- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Jefferson County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 521 E St, Fairbury, NE 68352
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Johnson County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 600 I St, Pawnee City, NE 68420  
1123 N 9th St, Beatrice, NE 68310  
820 Central Ave, Auburn, NE 68305
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

## **Kearney County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Richard Young Behavioral Health Access Center): 1-800-930-0031
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility: 727 East 1st Street, Minden, NE 68959
- Website: <https://region3.net/crisis-services/>
- Other resources: NAMI Nebraska

## **Keith County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 401 W 1st St, Ogallala, NE 69153
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

## **Keya Paha County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 4): 913 E Zero St, Ainsworth, NE 69210
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

## **Kimball County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 1): 414 W 2nd St, Kimball, NE 69145
- Website:  
<https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

## **Knox County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928 or (888) 370-7003
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

## **Lancaster County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788

- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 3901 Normal Blvd, Lincoln, NE 68506
- Mental Health Emergency Department (BryanLGH Medical Center West): 2300 S 16th St, Lincoln, NE 68502
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Lincoln County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 110 N Bailey Ave, North Platte, NE 69101
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Logan County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 110 N Bailey Ave, North Platte, NE 69101
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Loup County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860

- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Madison County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (888) 370-7003
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **McPherson County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 110 N Bailey Ave, North Platte, NE 69101
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Merrick County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255

- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Morrill County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 1):
  - 2101 Box Butte Ave Alliance, NE 69301 (Box Butte General Hospital)
  - 419 W 25th St, Alliance, NE 69301
  - 815 Flack Ave, Alliance, NE 69301
  - 3350 10th St, Gering, NE 69341
  - 731 Illinois St, Sidney, NE 69162
- Website: <https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Nance County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (866) 758-4749
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 4321 41st Avenue, Columbus, NE 68601
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>

- Other resources: NAMI Nebraska

### **Nemaha County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 820 Central Ave, Auburn, NE 68305
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Nuckolls County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (South Central Behavioral Services): 402-463-5684
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility: 520 E 10th St, Superior, NE 68978
- Website: <https://scbsne.com/rehabilitation-services-for-adults-with-behavioral-health-needs/emergency-community-support/>
- Other resources: NAMI Nebraska

### **Otoe County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 1903 4th Corso, Nebraska City, NE 68410
- Website: <https://region5systems.net/>

- Other resources: NAMI Nebraska

### **Pawnee County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 600 I St, Pawnee City, NE 68420
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Perkins County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 401 W 1st St, Ogallala, NE 69153
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Phelps County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Richard Young Behavioral Health Access Center): 1-800-930-0031
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 701 4th Ave # 11A, Holdrege, NE 68949
- Website: <https://region3.net/crisis-services/>
- Other resources: NAMI Nebraska



## **Pierce County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928 or (888) 370-7003
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

## **Platte County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (866) 758-4749
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 4321 41st Avenue, Columbus, NE 68601
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

## **Polk County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 722 S Lincoln Ave, York, NE 68467
- Website: <https://region5systems.net/>

- Other resources: NAMI Nebraska

### **Red Willow County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 1012 W. Third St, McCook, NE 69001
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Richardson County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 103 E 35th St a, Falls City, NE 68355
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Rock County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 336-9928 or (877) 488-9928
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 4): 913 E Zero St, Ainsworth, NE 69210
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>

- Other resources: NAMI Nebraska

### **Saline County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 3901 Normal Blvd, Lincoln, NE 68506  
1212 Ivy Ave, Crete, NE 68333
- Mental Health Emergency Department (BryanLGH Medical Center West):  
2300 S 16th St, Lincoln, NE 68502
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Sarpy County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 6): 2206 Longo Dr, Bellevue, NE 68005  
302 American Pkwy, Papillion, NE 68046
- Website: <https://www.regionsix.com/services/crisis-services/>
- Other resources: NAMI Nebraska

### **Saunders County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564

- Local mental health facility (region 5): 355 E 4th St, Wahoo, NE 68066
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Scotts Bluff County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 1): 3350 10th St, Gering, NE 69341
- Website: <https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Seward County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 3901 Normal Blvd, Lincoln, NE 68506  
459 S 6th St, Seward, NE 68434
- Mental Health Emergency Department (BryanLGH Medical Center West):  
2300 S 16th St, Lincoln, NE 68502
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Sheridan County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741

- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 1):
  - 2101 Box Butte Ave Alliance, NE 69301 (Box Butte General Hospital)
  - 419 W 25th St, Alliance, NE 69301
  - 815 Flack Ave, Alliance, NE 69301
  - 305 S Foch St, Gordon, NE 69343
- Website:
  - <https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Sherman County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Sioux County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text "REG" to 741-741
- Crisis hotline (Mental Health Crisis Line for Western Nebraska): 1-877-492-7001
- Crisis hotline (Substance Abuse Crisis Line for Western Nebraska): 1-833-789-7177
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788

- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 1): 3350 10th St, Gering, NE 69341
- Website: <https://www.region1bhs.net/vnews/display.v/SEC/Services%7CEmergency%20Services>
- Other resources: NAMI Nebraska

### **Stanton County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (888) 370-7003
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **Thayer County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 521 E St, Fairbury, NE 68352
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska

### **Thomas County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: 308-390-4645
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255

- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Mental health facility (region 2): 110 N Bailey Ave, North Platte, NE 69101
- Website: <https://r2hs.com/what-we-do-services/emergency-support/>
- Other resources: NAMI Nebraska

### **Thurston County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 494-7655 or (877) 958-7776
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local walk-in clinic (region 4): 1201 Arbor Dr, South Sioux City, NE 68776
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **Valley County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

### **Washington County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255

- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 6): 403 S 16th St Suite C, Blair, NE 68008
- Website: <https://www.regionsix.com/services/crisis-services/>
- Other resources: NAMI Nebraska

### **Wayne County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (402) 494-7655 or (877) 958-7776
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local walk-in clinic (region 4): 1201 Arbor Dr, South Sioux City, NE 68776
- Local health facility (region 4): 2700 W Norfolk Ave, Norfolk, NE 68701
- Website: <https://www.heartlandcounselingservices.org/our-services/crisis-response-247-coverage.html>
- Other resources: NAMI Nebraska

### **Webster County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (South Central Behavioral Services): 402-463-5684
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local health facility: 6th Avenue & Franklin Street, Red Cloud, Nebraska 68970
- Website: <https://scbsne.com/rehabilitation-services-for-adults-with-behavioral-health-needs/emergency-community-support/>
- Other resources: NAMI Nebraska

### **Wheeler County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline (Mid-Plains Center): 1-800-515-3326 or 308-380-5973



- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Crisis services (Mid-Plains Center): 914 Baumann Drive, Grand Island, NE 68803
- Website: <https://midplainscenter.org/crisis/>
- Other resources: NAMI Nebraska

## **York County, NE**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis textline: Text 988
- Crisis hotline: (877) 409-6600 or (402) 475-6693
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility (region 5): 722 S Lincoln Ave, York, NE 68467
- Website: <https://region5systems.net/>
- Other resources: NAMI Nebraska