

Maryland

Allegany County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Western Maryland Regional Medical Center Crisis Line: 240-964-1399
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local emergency mental health facility: 12500 Willowbrook Road
Cumberland, MD 21502
- Website: [Maryland Department of Health - Allegany Crisis-Resources](#)
- Other resources:

Anne Arundel County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis warmline: 410-768-5522
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility:
122 North Langley Road, Suite A and B, Glen Burnie, MD 21060
711 Bestgate Road, Annapolis, MD 21401
- Website: <https://aamentalhealth.org/programs-services/crisis-services>
- Other resources:

Baltimore County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 410-931-2214
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)

- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 6401 York Road, Third Floor
Baltimore, Maryland 21212
- Website: <https://www.baltimorecountymd.gov/departments/health/health-services/mental/>
- Other resources:

City of Baltimore, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 410-433-5175
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 730 Ashburton Street (Tuerk House Main Campus)
Baltimore, MD 21216
- Website: <https://www.bhsbaltimore.org/find-help/call988helpline/>
- Other resources:

Calvert County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 1-877-467-5628
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 975 Solomons Island Road North
Prince Frederick, MD 20678
- Website: <https://www.calvertcountymd.gov/3428/Suicide-Prevention>
- Other resources:

Caroline County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/caroline-county/>
- Other resources:

Carroll County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 410-952-9552
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Carroll County Mobile Crisis Team (MCT)
- Website: <https://www.carrollcountymd.gov/government/directory/citizen-services/local-management-board/community-resources/>
- Other resources:

Cecil County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/cecil-county/>
- Other resources:

Charles County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454

- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 616 E. Charles Street, Suite 102
La Plata, MD 20646
- Website: <https://www.charlescountyhealth.org/mental-health-services-2/>
- Other resources:

Dorchester County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/dorchester-county/>
- Other resources:

Frederick County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 301-600-0312
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 350 Montevue Lane, Frederick, MD 21702
- Website: <https://health.frederickcountymd.gov/216/Suicide-Prevention>
- Other resources:

Garrett County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs

- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 301-501-3515
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local emergency facility: 251 N 4th St, Oakland, MD 21550 (Garrett Regional Medical Center Emergency Room)
- Website: <https://garretthealth.org/mental-health/>
- Other resources:

Harford County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 1-800-639-8783 or 410-874-0711
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 802 Baltimore Pike, Bel Air, MD 21014
- Website: <https://harfordmentalhealth.org/harford-crisis-response/>
- Other resources:

Howard County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 410-531-6677
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 6700 Freetown Rd, Columbia, MD 21044
- Website: <https://howard.md.networkofcare.org/mh/emergency-services.aspx>
- Other resources:

Kent County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs

- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/kent-county/>
- Other resources:

Montgomery County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 240-777-4000
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 1301 Piccard Drive, Rockville, MD 20850
- Website: <https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html>
- Other resources:

Prince George's County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 988, 211
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local emergency facility: local ED's
- Website: <https://www.princegeorgescountymd.gov/departments-offices/health/behavioral-health-services>
- Other resources:

Queen Anne's County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/queen-anne-county/>
- Other resources:

Saint Mary's County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis warmline: 410-768-5522
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local emergency facility: 21625 Great Mills Rd, Lexington Park, MD 20653
- Website: <https://smchd.org/crisis/>
- Other resources:

Somerset County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/somerset-county/>
- Other resources:

Talbot County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/talbot-county/>
- Other resources:

Washington County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: 240-625-2246
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local emergency facility: local hospital ED's
- Website: <https://www.sheppardpratt.org/care-finder/washington-county-mobile-crisis/>
- Other resources:

Wicomico County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/wicomico-county/>

- Other resources:

Worcester County, MD

- 988 (Hearing Impaired: 1-800-799-4889), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maryland Crisis Hotline: 1-800-422-0009 (or call 211 and press 1)
- Crisis line: (888) 407-8018. Dial 7-1-1 to place a call through Maryland Relay
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: The Santé Group Eastern Shore (mobile 24/7 service)
- Website: <https://santeeasternshore.org/county/worcester-county/>
- Other resources: