

## **Maine**

### **Androscoggin County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 217 Main St #302, Lewiston, ME 04240
- Website: <https://www.sweetser.org/locations/lewiston/>
- Other resources:

### **Aroostook County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 104 E Main St, Fort Kent, ME 04743  
88 Fox St, Madawaska, ME 04756  
43 Hatch Dr, Caribou, ME 04736
- Website: <https://www.amhc.org/crisis-services/>
- Other resources:

### **Cumberland County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local walk-in crisis center: 190 Lancaster St, Portland, ME 04101
- Website: <https://www.opportunityalliance.org/mobile-crisis-response-services>
- Other resources:

## **Franklin County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- Crisis hotline: 207-860-0659
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 284 Main St Suite 150, Wilton, ME 04294
- Website: <https://wmbh-me.com/services>
- Other resources:

## **Hancock County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 710 Bucksport Rd, Ellsworth, ME 04605
- Website: <https://www.amhc.org/crisis-services/>
- Other resources:

## **Kennebec County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 10 Caldwell Rd, Augusta, ME 04330
- Website: <https://crisisandcounseling.org/>
- Other resources:

## **Knox County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs

- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 58 Park St. Suite 201, Rockland, ME 04841
- Website: <https://www.sweetser.org/locations/rockland/>
- Other resources:

### **Lincoln County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local crisis facility: 35 Miles St, Damariscotta, ME 04543 (LincolnHealth Miles Campus)
- Website: <https://www.mainehealth.org/Services/Behavioral-Mental-Health/Crisis-Services>
- Other resources:

### **Oxford County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 150 Congress St, Rumford, ME 04276  
39 Main St, Norway, ME 04268
- Website: <https://ocmhs.org/services/crisis-response/>
- Other resources:

### **Penobscot County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454

- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 313 Enfield Rd, Lincoln, ME 04457  
42 Cedar St, Bangor, ME 04401
- Website: <https://www.chcs-me.org/mental-health/>
- Other resources:

### **Piscataquis County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 1093 W Main St, Dover-Foxcroft, ME 04426
- Website: <https://www.chcs-me.org/mental-health/>
- Other resources:

### **Sagadahoc County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 329 Bath Rd, Brunswick, ME 04011
- Website: <https://www.sweetser.org/locations/brunswick/>
- Other resources:

### **Somerset County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255

- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 346 Water St, Skowhegan, ME 04976
- Website: <https://crisisandcounseling.org/>
- Other resources:

### **Waldo County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 9 School St, Belfast, ME 04915
- Website: <https://www.sweetser.org/locations/belfast-school/>
- Other resources:

### **Washington County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564
- Local mental health facility: 14 Steves Ln, Marshfield, ME 04654  
127 Palmer St, Calais, ME 04619
- Website: <https://www.amhc.org/crisis-services/>
- Other resources:

### **York County, ME**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Maine Crisis Line: 1-888-568-1112
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- Trans Lifeline: 1-877-565-8860
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- LGBT National Hotline: 1-888-843-4564

- Local mental health facility: 647 US Route 1, Suite 109, York, ME 03909
- Website: <https://www.sweetser.org/locations/york/>
- Other resources: