

## **California**

### **Alameda County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 1-800-309-2131
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Seeking Services or Making a Referral? – Alameda County Behavioral Health \(acbhcs.org\)](#)
- Website: [Crisis Support Services of Alameda County](#)
- Other resources:

### **Alpine County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 1-800-318-8212
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facilities: 43 Hawkside Dr, Markleeville, CA 96120  
40 Diamond Valley Rd, Markleeville, CA 96120
- Website: [Behavioral Health Services | Alpine County, CA - Official Website \(alpinecountyca.gov\)](#)
- Other resources:

### **Amador County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-310-6555
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860

- Local mental health services: [Mental Health | Amador County \(amadorgov.org\)](https://www.amadorgov.org/mental-health)
- Website: [Mental Health | Amador County \(amadorgov.org\)](https://www.amadorgov.org/mental-health)
- Other resources:

### **Butte County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 800-334-6622 or 530-891-2810
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 3217 Cohasset Rd, Chico, CA 95973
- Website: [Help in a Crisis | Butte County, CA](https://www.buttecounty.net/health-services/crisis-support)
- Other resources:

### **Calaveras County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 800-499-3030 or 209-754-3239
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 891 Mountain Ranch Rd, San Andreas, CA 95249
- Website: [Crisis Support \(calaverasgov.us\)](https://www.calaverasgov.us/crisis-support)
- Other resources:

### **Colusa County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-793-6580
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 162 E Carson St, Colusa, CA 95932

- Website: [Behavioral Health | Colusa County, CA - Official Website \(countyofcolusa.org\)](https://www.countyofcolusa.org)
- Other resources:

### **Contra Costa County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 844-844-5544 or 888-678-7277 or 800-833-2900
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health Services :: Behavioral Health :: Contra Costa Health \(cchealth.org\)](https://www.cchealth.org)
- Website: [Crisis Services :: Behavioral Health :: Contra Costa Health \(cchealth.org\)](https://www.cchealth.org)
- Other resources:

### **Del Norte County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 707-464-7224 or 888-446-4408
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 455 K St, Crescent City, CA 95531
- Website: [County of Del Norte, California - Behavioral Health Branch \(del-norte.ca.us\)](https://www.del-norte.ca.us)
- Other resources:

### **El Dorado County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline:
  - West Slope: (530) 622-3345
  - Tahoe: (530) 544-2219
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health - El Dorado County \(edcgov.us\)](http://edcgov.us)
- Website: [Behavioral Health - El Dorado County \(edcgov.us\)](http://edcgov.us)
- Other resources:

## **Fresno County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-654-3937
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Programs & Services - County of Fresno \(fresnocountyca.gov\)](http://fresnocountyca.gov)
- Website: [Programs & Services - County of Fresno \(fresnocountyca.gov\)](http://fresnocountyca.gov)
- Other resources:

## **Glenn County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-507-3530
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health | County of Glenn](http://Behavioral Health | County of Glenn)
- Website: [Emergency Services | County of Glenn](http://Emergency Services | County of Glenn)
- Other resources:

## **Humboldt County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 707-445-7715 or 888-849-5728
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adult Behavioral Health Services | Humboldt County, CA - Official Website \(humboldt.gov\)](#)
- Website: [24-Hour Behavioral Health Crisis Line 707-445-7715 | Humboldt County, CA - Official Website \(humboldt.gov\)](#)
- Other resources:

## **Imperial County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-817-5292
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Home Page - Behavioral Health Services \(imperialcounty.org\)](#)
- Website: [Home Page - Behavioral Health Services \(imperialcounty.org\)](#)
- Other resources:

## **Inyo County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-841-5011
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health Division | Inyo County California](#)
- Website: [Behavioral Health Division | Inyo County California](#)
- Other resources:

## **Kern County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741

- Crisis hotline: 800-991-5272
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [KCMH Adult Services \(kernbh.org\)](http://kernbh.org)
- Website: [KCMH Crisis Services \(kernbh.org\)](http://kernbh.org)
- Other resources:

### **Kings County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 559-582-4481 or 800-655-2553
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adults - KINGS COUNTY behavioral health \(kcbh.org\)](http://kcbh.org)
- Website: [CRISIS - KINGS COUNTY behavioral health \(kcbh.org\)](http://kcbh.org)
- Other resources:

### **Lake County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 855-587-6373 or 800-900-2075
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 6302 Thirteenth Ave, Lucerne, CA 95458
- Website: [Behavioral Health Services | Lake County, CA \(lakecountyca.gov\)](http://lakecountyca.gov)
- Other resources:

### **Lassen County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741

- Crisis hotline: 888-530-8688 or 530-251-8108
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health facility: 555 Hospital Ln, Susanville, CA 96130
- Website: [Behavioral Health | Lassen County](#)
- Other resources:

### **Los Angeles County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-854-7771 (OPTION/EXTENSION '1')
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Los Angeles Department of Mental Health Outpatient Services \(lacounty.gov\)](#)
- Website: [Access Center - Department of Mental Health \(lacounty.gov\)](#)
- Other resources:

### **Madera County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 559-673-3508 or 888-275-9779
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Services and Programs | Madera County](#)
- Website: [Access and Crisis Services | Madera County](#)
- Other resources:

### **Marin County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741

- Crisis hotline: (888) 818-1115
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adult Mental Health Services | Marin BHRS](#)
- Website: [Crisis Services | Marin BHRS](#)
- Other resources:

### **Mariposa County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 209-966-7000 or 1-800-549-6741
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adult System of Care | Mariposa County, CA - Official Website](#)
- Website: [24-Hour Crisis Response | Mariposa County, CA - Official Website](#)
- Other resources:

### **Mendocino County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 855-838-0404
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health Services | Mendocino County, CA](#)
- Website: [Mental Health Services | Mendocino County, CA](#)
- Other resources:

### **Merced County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741



- Crisis hotline: (209) 381-6819 or (888) 334-0163 or (866) 293-1818 (TDD)
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Crisis Services – 24 Hour Outpatient Services | Merced County, CA - Official Website \(countyofmerced.com\)](#)
- Website: [Crisis Services – 24 Hour Outpatient Services | Merced County, CA - Official Website \(countyofmerced.com\)](#)
- Other resources:

### **Modoc County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 800-699-4880 or 530-233-6312
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Modoc County, CA Health Services](#)
- Website: [Modoc County, CA Health Services](#)
- Other resources:

### **Mono County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: (800) 687-1101
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health | Mono County California](#)
- Website: [Behavioral Health | Mono County California](#)
- Other resources:

### **Monterey County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454

- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-258-6029
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [How to get started | Monterey County, CA](#)
- Website: [How to Get Crisis Services | Monterey County, CA](#)
- Other resources:

## **Napa County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 707-253-4711
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health Counseling Services | Napa County, CA \(countyofnapa.org\)](#)
- Website: [Mental Health Crisis Services | Napa County, CA \(countyofnapa.org\)](#)
- Other resources:

## **Nevada County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 530-265-5811
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adult Mental Health Services | Nevada County, CA \(nevadacountyca.gov\)](#)
- Website: [Suicide Prevention | Nevada County, CA \(nevadacountyca.gov\)](#)
- Other resources:

## **Orange County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs

- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health, Crisis & Recovery | Orange County California - Health Care Agency \(ochealthinfo.com\)](#)
- Website: [Crisis Services | Orange County California - Health Care Agency \(ochealthinfo.com\)](#)
- Other resources:

### **Placer County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 916-787-8860 or 888-886-5401
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Crisis Resources | Placer County, CA](#)
- Website: [Crisis Resources | Placer County, CA](#)
- Other resources:

### **Plumas County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 530-283-6307 or 800-757-7898
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Plumas County Behavioral Health | Plumas County, CA - Official Website](#)
- Website: [Plumas County Behavioral Health | Plumas County, CA - Official Website](#)
- Other resources:

## Riverside County, CA

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 951-509-2499 (Riverside) or 760-424-5602 (Palm Springs) or 951-349-4195 (Perris)
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [County Mental Health Triage Services | Riverside University Health System \(ruhealth.org\)](#)
- Website: [Crisis Resources \(rcdmh.org\)](#)
- Other resources:

## Sacramento County, CA

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-881-4881 or 916-875-1055
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health 24-Hour Crisis Line \(saccounty.gov\)](#)
- Website: [Mental Health 24-Hour Crisis Line \(saccounty.gov\)](#)
- Other resources:

## San Benito County, CA

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-636-4020
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health | San Benito County, CA \(cosb.us\)](#)
- Website: [Behavioral Health | San Benito County, CA \(cosb.us\)](#)

- Other resources:

### **San Bernardino County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-743-1478
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [DBH Internet Website \(sbcounty.gov\)](http://www.sbccounty.gov)
- Website: [DBH Internet Website \(sbcounty.gov\)](http://www.sbccounty.gov)
- Other resources:

### **San Diego County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-724-7240
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Outpatient Behavioral Health Services \(sandiegocounty.gov\)](http://www.sandiegocounty.gov)
- Website: [BHS MCRT \(sandiegocounty.gov\)](http://www.sandiegocounty.gov)
- Other resources:

### **The City and County of San Francisco, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline:
  - Psychiatric Emergency Services: (415) 206-8125
  - Mobile Crisis Team: (415) 970-4000
  - Comprehensive Child Crisis: (415) 970-3800
  - Westside Community Crisis: (415) 355-0311
  - S.F. Suicide Prevention: (415) 781-0500
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255

- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Department of Public Health: Community Behavioral Health Services \(sfdph.org\)](http://www.sfdph.org)
- Website: [Department of Public Health: Community Behavioral Health Services \(sfdph.org\)](http://www.sfdph.org)
- Other resources:

### **San Joaquin County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 209-468-8686
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adult Services \(sjcbhs.org\)](http://www.sjcbhs.org)
- Website: [Mental Health Services - Crisis Intervention \(sjcbhs.org\)](http://www.sjcbhs.org)
- Other resources:

### **San Luis Obispo County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-783-0607
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health - County of San Luis Obispo \(ca.gov\)](http://www.sloca.gov)
- Website: [List of Hotline Phone Numbers - County of San Luis Obispo \(ca.gov\)](http://www.sloca.gov)
- Other resources:

### **San Mateo County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 650-579-0350

- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health Services - San Mateo County Health \(smchealth.org\)](https://www.smchealth.org)
- Website: [Crisis Services - San Mateo County Health \(smchealth.org\)](https://www.smchealth.org)
- Other resources:

### **Santa Barbara County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 888-868-1649
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health Services for Adults | Santa Barbara County, CA - Official Website \(countyofsb.org\)](https://www.countyofsb.org)
- Website: [Mental Health Services for Adults | Santa Barbara County, CA - Official Website \(countyofsb.org\)](https://www.countyofsb.org)
- Other resources:

### **Santa Clara County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-704-0900, press 1
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Home - Behavioral Health Services - County of Santa Clara \(sccgov.org\)](https://www.sccgov.org)
- Website: [Home - Behavioral Health Services - County of Santa Clara \(sccgov.org\)](https://www.sccgov.org)
- Other resources:

### **Santa Cruz County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 800-952-2335
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [How to Receive Mental Health Services \(santacruzhealth.org\)](#)
- Website: [What to do in a Mental Health Crisis \(santacruzhealth.org\)](#)
- Other resources:

### **Shasta County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 530-225-5252 or 888-385-5201
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adult Mental Health | Shasta County California](#)
- Website: [Crisis Mental Health | Shasta County California](#)
- Other resources:

### **Sierra County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 877-757-0029
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health | Sierra County, CA - Official Website](#)
- Website: [Behavioral Health | Sierra County, CA - Official Website](#)
- Other resources:

### **Siskiyou County, CA**



- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 800-842-8979
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health Services | Siskiyou County California](#)
- Website: [Crisis Services | Siskiyou County California](#)
- Other resources:

### **Solano County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Solano County - Mental Health Services](#)
- Website: [Solano County - Mental Health Services](#)
- Other resources:

### **Sonoma County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 988
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Accessing Mental Health Services \(ca.gov\)](#)
- Website: [Crisis Services \(ca.gov\)](#)
- Other resources:

### **Stanislaus County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 209-558-4600
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health and Recovery Services - Stanislaus County \(stancounty.com\)](#)
- Website: [Behavioral Health and Recovery Services - Stanislaus County \(stancounty.com\)](#)
- Other resources:

### **Sutter County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 530-673-8255 or 888-923-3800
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [How To Access Services | Sutter County, CA](#)
- Website: [Psychiatric Emergency Services \(also known as crisis\) | Sutter County, CA](#)
- Other resources:

### **Tehama County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 800-240-3208
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health Services - Tehama County Health Services \(tehamacohealthservices.net\)](#)

- Website: [Behavioral Health Services - Tehama County Health Services \(tehamacohealthservices.net\)](http://tehamacohealthservices.net)
- Other resources:

### **Trinity County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 530-623-5708
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Behavioral Health | Trinity County](#)
- Website: [Suicide/Crisis Information | Trinity County](#)
- Other resources:

### **Tulare County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 800-320-1616
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [English - Mental Health \(tchhsa.org\)](http://tchhsa.org)
- Website: [English - Mental Health Crisis Line \(tchhsa.org\)](http://tchhsa.org)
- Other resources:

### **Tuolumne County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text "Home" to 741-741
- Crisis hotline: 209-533-7000 or 800-630-1130
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [FAQs • Tuolumne County, CA • CivicEngage](#)

- Website: [FAQs • Tuolumne County, CA • CivicEngage](#)
- Other resources:

## **Ventura County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 866-998-2243
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Adult Services - Ventura County Behavioral Health \(vcbh.org\)](#)
- Website: [Get Help in a Crisis - Ventura County Behavioral Health \(vcbh.org\)](#)
- Other resources:

## **Yolo County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 888-965-6647 or 800-735-2929 (TDD)
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Mental Health Services | Yolo County](#)
- Website: [Mental Health Services | Yolo County](#)
- Other resources:

## **Yuba County, CA**

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- California Crisis Text Line: Text “Home” to 741-741
- Crisis hotline: 530-673-8255 or 888-923-3800
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: [Sutter-Yuba Behavioral Health | Sutter County, CA](#)

- Website: [Sutter-Yuba Behavioral Health | Sutter County, CA](#)
- Other resources: