

Alaska

Aleutians East Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text "4help" to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.eatribes.org/contact-us/>
- Website: <https://www.eatribes.org/services/behavioral/>
- Other resources:

Anchorage Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text "4help" to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: (907) 563-3200
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services:
<https://health.alaska.gov/SuicidePrevention/Pages/Resources/mhcenters.aspx>
- Website: <https://namianchorage.org/crisis-info/>
- Other resources:

Bristol Bay Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text "4help" to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: (888) 865-0799
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860

- Local mental health services: <https://bbahc.org/clinics>
- Website: <https://www.bbahc.org/behavioral>
- Other resources:

Denali Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.railbeltmentalhealth.org/behavioral-health-care-services-we-offer>
- Website: <https://www.railbeltmentalhealth.org/behavioral-health-care-services-we-offer/crisis-support>
- Other resources:

Fairbanks North Star Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://alaskabehavioralhealth.org/what-we-do/adult-services/about-adult-services/> or https://www.foundationhealth.org/services/clinics_centers/specialty_care/behavioral_health
- Website: <https://www.fairbanksalaska.us/crisis>
- Other resources:

Haines Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: 877-294-0074

- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://searhc.org/service/behaviorial-health/>
- Website: <https://searhc.org/location/mountainside-bh-haines/>
- Other resources:

Juneau Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text "4help" to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: 907-463-3303 (Toll Free: 855-463-3303) or 877-294-0074
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.juneamentalhealth.org/>
- Website: <https://www.namijuneau.org/crisis-services>
- Other resources:

Kenai Peninsula Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text "4help" to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: (907) 714-5353
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.kpmhalaska.com/> or <https://health.alaska.gov/SuicidePrevention/Pages/Resources/mhcenters.aspx>
- Website: <https://www.cpgh.org/services/behavioralhealthservices/>
- Other resources:

Ketchikan Gateway Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454

- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: 907-225-2273
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services:
<https://www.peacehealth.org/locations/ketchikan/behavioral-health-peacehealth-ketchikan-medical-center>
- Website: <https://www.kgbsd.org/en-US/ketchikan-crisis-information-2b541710>
- Other resources:

Kodiak Island Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: (907) 942-9015 or (888) 601-9969
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://kodiakhealthcare.org/what-we-do/health-services/> or <https://www.providence.org/locations/ak/kodiak-island-medical-center/counseling-center>
- Website: <https://kodiakhealthcare.org/what-we-do/health-services/behavioral-health/>
- Other resources:

Lake and Peninsula Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services:
<https://health.alaska.gov/SuicidePrevention/Pages/Resources/mhcenters.aspx>

- Website: <https://health.alaska.gov/dbh/Pages/Prevention/988/default.aspx>
- Other resources:

Matanuska-Susitna Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: (907) 376-2411
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.mshsak.org/contact>
- Website: <https://www.mshsak.org/behavioral-health>
- Other resources:

North Slope Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: 800-478-6606
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services:
<https://health.alaska.gov/SuicidePrevention/Pages/Resources/mhcenters.aspx>
- Website: <https://www.north-slope.org/departments/health-social-services/behavioral-health-services/integrated-behavioral-health/>
- Other resources:

Northwest Arctic Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564

- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.maniilaq.org/contact-us/>
- Website: <https://www.maniilaq.org/bhs/>
- Other resources:

Petersburg Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: 877-294-0074
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://searhc.org/service/behaviorial-health/>
- Website: <https://searhc.org/location/mountainside-behavioral-health/>
- Other resources:

Sitka Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: (907) 966-2411 or 888-906-4538
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://searhc.org/location/sitka-behavioral-health-clinic/>
- Website: <https://www.sitkacounseling.org/psychiatric-emergency-services>
- Other resources:

Skagway Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text “4help” to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788

- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.dahlclinic.org/services>
- Website: <https://www.dahlclinic.org/contact-1>
- Other resources:

Wrangell Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text "4help" to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- Crisis hotline: 877-294-0074
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://searhc.org/service/behaviorial-health/>
- Website: <https://searhc.org/location/wrangell-behavioral-health-clinic/>
- Other resources:

Yakutat Borough, AK

- 988 (Hearing Impaired: dial 711 then 988), 911, local hospital EDs
- Crisis hotline (Spanish): 1-888-628-9454
- Crisis text line: text "4help" to 839863
- Alaska Careline Crisis Intervention Line: 877-266-4357
- National Domestic Violence Hotline: 800-799-7233 or Text START to 88788
- Veteran's Crisis Line: 1-800-273-8255, Press 1, or text to 838255
- LGBT National Hotline: 1-888-843-4564
- The Trevor Project Crisis Line: 1-866-488-7386 (LGBTQ youth ages 13-24)
- Trans Lifeline: 1-877-565-8860
- Local mental health services: <https://www.yakutathealth.org/contact-us>
- Website: <https://www.yakutathealth.org/our-services/behavioral-health>
- Other resources: